Pre-Treatment
• If you have any of the following conditions, you should not receive treatment with a dermal filler. Please notify your doctor!
  • Pregnancy or nursing (or trying to become pregnant)
  • Active acne or infection
  • Previous allergy to a filler or hyaluronic acid product
  • Don’t wear makeup to your appointment
  • Avoid irritating chemicals and/or soaps for a week prior to your injection
  • Notify your doctor if you take any blood thinners (aspirin, plavix, coumadin, fish oil, vitamin E, etc). Ask when you need to stop taking these medicines before your injection.
  • Notify your doctor if you have a history of cold sores (if you are getting your lips injected)

Post-Treatment
• The filler results are present immediately, but swelling is expected and could last up to 2 weeks. Bruising can occur and may also last up to two weeks.
• Fillers last 10-12 months on average. This differs between individuals and also based on the location.
• Take your Sinecch injectable treatment capsules as directed on the packaging

Immediate Post-Treatment instructions:
• DO’s:
  • Ice the treated area as much as possible until bedtime.
  • Apply make up as desired, if the skin is not broken or irritated.
  • Clean your face normally.
  • Expect some red bumps at the injection sites.
  • Take your cold sore medication (if prescribed)
  • Call us with any questions or concerns.
• DON’T’s
  • Don’t massage the area
  • Don’t exercise for 24 hours
  • Get excessive sun or heat exposure for 24 hours
  • Take aspirin or other blood thinners for one week unless directed otherwise by your doctor (Be sure to ask!)
  • Hesitate to call us with problems!