



Name (DOB): _____

Dr. Thomas H. Cawthon, Botulinum Toxin Injection Consent:
(Botox)

Indications (including off label): Botulinum toxin (in any of the above trade name formulations) is used to selectively and *temporarily* weaken the muscles which cause wrinkles on the face. These injections have only been FDA approved for the area of the glabella (vertical wrinkles between the eyes) and crows feet. Any other location is an “off-label” use. Many patients have been safely treated in areas outside of these areas with good results.

Alternatives: There are alternatives to this procedure. These include no treatment, dermal fillers, laser treatments, chemical peels, and surgery.

Results: I understand that the actual degree of improvement cannot be predicted or guaranteed. Furthermore, I understand that the effect will gradually wear off and additional treatments will be necessary to maintain the desired effect.

Possible side effects and complications include but are not limited to:

- Potential allergic reaction. As with any product, allergies can develop during or after injection. These are rare, but could be severe (i.e. respiratory problems, flu-like symptoms, nausea, or dizziness)
- Red or pink bumps at the injection sites are common. These usually last hours, but may last up to a few days.
- Other reactions include swelling, rash, headaches, local numbness, pain, bruising, and possibly infections and/or scarring.
- Asymmetry in appearance may occur. This can often be corrected with a touch up injection, but could persist for weeks or months.
- If injected near the eyes, drooping of the eyelid can occur (ptosis). This is rare. If it occurs, it is usually temporary, but could be permanent.

Precautions and contraindications:

- Botulinum toxin is not recommended for patients with severe allergies or

anaphylaxis.

- The risk of bruising or bleeding may be increased by medications which thin the blood (i.e. aspirin, Plavix (clopidogrel), Coumadin (warfarin), Xarelto, Vitamin E, fish oil, and certain herbs (Ginkgo biloba, St. John's Wart).
- The safety of botulinum toxin in pregnant or breast-feeding women has not been established, and is therefore not recommended for these women. It should not be used in women who are actively trying to become pregnant.
- Patients with neurologic diseases including myasthenia gravis, multiple sclerosis, Lambert-Eaton Syndrome, ALS, or Parkinson's should not receive botulinum toxin injections

Consent:

I hereby give my consent for the above procedures as well as any adjunctive measures (including injections) to provide local anesthesia. I have read this entire document, and I understand the above. I have had the opportunity to ask questions, which have all been answered to my satisfaction. No guarantees about results have been made. To the best of my knowledge, I am not pregnant, and I am not breastfeeding.

I understand and agree that I am responsible for the full cost of all treatments, including this treatment as well as any additional future treatments. In the even of non-payment, I will be responsible for the cost of collection and/or court and reasonable legal fees, should that be required.

I therefore give my informed consent for this botulinum toxin injections today as well as any future treatments.

Signature: _____ **Date:** _____

Witness: _____ **Date** _____